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RAO



SAFETY AND EFFICACY OF CONCOMITANT RADIATION AND CDK4/6 INHIBITORS IN METASTATIC BREAST CANCER

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DICHIARAZIONE Dr.ssa Beatrice Bettazzi

Come da nuova regolamentazione della Commissione Nazionale per la Formazione Continua del Ministero della Salute, è richiesta la trasparenza delle fonti di finanziamento e dei rapporti con soggetti portatori di interessi commerciali in campo sanitario.

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BACKGROUND

Cyclin-dependent kinase 4/6 inhibitors (CDK4/6i), palbociclib, ribociclib and abemaciclib, in combination with endocrine therapy (ET), currently represent the standard of care for I-II line metastatic hormonal receptor (HR)-positive HER2-negative breast cancer, demonstrating improved efficacy in comparison to ET alone.

In the metastatic setting, radiation therapy (**RT**) is often indicated for patients with either **palliative** or **ablative intent**.

Cristofanilli M et al, Lancet Oncol 2016 Finn RS et al, N Engl J Med 2016 Slamon DJ et al, J Clin Oncol 2018 Hortobagyi GN et al, N Engl J Med 2016 Tripathy D et al, Lancet Oncol 2018 Im S et al, N Engl J Med 2019 Slamon DJ et al, N Engl J Med 2019 Sledge GW Jr et al, J Clin Oncol 2017 Goetz MP et al, J Clin Oncol. 2017



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BACKGROUND

In preclinical model, CDK4/6i have demonstrated to potentially **improve the therapeutic efficiency of ionizing radiation**, even if this role is still debated

This approach is based on the rationale that:

- The cytotoxicity of ionizing radiation is cell cycle dependent and cancer cells more sensitive in G1/S and G2/M transitions
- The **genetic knockdown of CDK4 and CDK6 confers radiosensitivity** in breast cancer cells by activating an apoptotic program and arresting tumor growth
- CDK4/6i cause **quiescence in non-cancerous tissues** and protect against common side effects associated with radiation exposure, such as hematologic and intestinal injury



Pawlik, et al. IJRBP 2004 Hagen, et al. Cell Div. 2013 Whiteway, et al J Neurooncol. 2013 Johnson, et al. J Clin Invest. 2010 Wei, et al. J Clin Invest. 2016



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BACKGROUND

However, data available regarding the efficacy and toxicity of concurrent RT and CDK4/6i come from small retrospective series with heterogeneity of administered RT

Consequently, in clinical practice, RT is often avoided or typically more frequently delivered during the "off cycle week", or the CDK4/6i are withheld 1–3 days before and 1–3 days after treatment

Anyway, data suggest that concurrent administration is **well tolerated**, with generally a **modest increase of grade 3 or higher AEs**, with hematological toxicity being the most common



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OBJECTIVE

The aim of our study is to evaluate the **safety** and **efficacy** of **concomitant RT and CDK4/6i** in metastatic HR+/HER2- breast cancer patients, comparing with patients treated with CDK4/6i alone



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METHODS

We analysed data of **132 patients** consecutively treated at *Azienda Ospedaliero-Universitaria Careggi,* Florence, Italy and *Institute of Oncology,* Ljubljana, Slovenia with CDK4/6i with or without RT from September 2017 to February 2020

Primary outcome: association between RT and any adverse events (AEs)≥G3. Secondary outcomes: association between RT and any AEs (any grade), CDK4/6i dose reduction rate and CDK4/6i treatment discontinuation rate.

Both **hematologic and non-hematologic acute toxicity** have been evaluated and scored according to CTCAE v.5.0









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RESULTS

We performed an analysis by simple cross-tables with chi-square test, and logistic analysis to confirm emerged associations between outcomes and several parameters

Median age was 52.1 years (range 32.3-78.2)

57 patients received **concomitant RT** with palliative (79.7%) or ablative intent (20.3%) during the course of CDK4/6i, while 75 patients did not

Features	N (%)
Distribution of metastases (all patients)	132 (100)
Only Bone	31 (23.5)
Only Visceral	23 (17.4)
Both	78 (59.1)
Number of sites of metastases (all patients)	132 (100)
1-2	58 (43.9)
>2	74 (56.1)
Sites of RT treated metastases	57 (100) 70 treated sites
Bone	44 (77.2)
Spinal Bone	26
Non-spinal bone	28
Visceral Brain Breast Nodal Lung Liver Other	13 (22.8) 4 2 3 3 2
RT intent and fractionations	57 (100) 70 treated sites
Ablative	13 (22.8)
45-54 Gy in 3 fractions	3
30-55 Gy in 5 fractions	6
21-24 Gy in 3 fractions	2
Other schedules	3
Palliative	44 (77.2)
30 Gy in 10 fractions	7
20 Gy in 5 fractions	42
8 Gy in 1 fraction	2
Other schedules	5
RT technique (per patient)	57 (100)
2D/3D	42 (73.7)
IMRT/CK	15 (26.3)



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RESULTS

Outcome	Whole series (n=132) N (%)	RT group (n=57) N (%)	No RT group (n=75) N (%)	P-value*	OR (95% CI)°
Adverse events, any grade	127 (96.2)	55 (96.5)	72 (96.0)	1.0	1.15 (0.19-7.10)
Adverse events ≥ grade 3	90 (68.2)	35 (61.4)	55 (73.3)	0.19	0.58 (0.28-1.21)
CDK4/6i dose reduction	67 (50.8)	31 (54.4)	36 (48.0)	0.49	1.29 (0.65-2.58)
CDK4/6i discontinuation	8 (6.1)	1 (1.8)	7 (9.3)	0.14	0.17 (0.02-1.45)

* p-value from chi-square test.

° Hazard Ratio of specific outcome related to RT, from logistic regression analysis.



RT was not significantly associated with ≥G2 and any grade toxicity Overall, the use of CDK4/6i plus ET in first or second line did **not show** an **impact** on \geq **G2 toxicity** development (p=0.71), **dose reductions** (p=0.39) and **treatment discontinuation** (p=0.66)



Postmenopausal status was the only factor associated with a **significantly increased risk of \geqG2 toxicity** (p=0.005)









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RESULTS

Parameter	P-values
Site of RT (bone vs visceral site)	
Any grade ≥2 toxicity	0.73
Any grade toxicity	1.0
CDK4/6i dose reductions	1.0
CDK4/6 discontinuations	-
RT technique (3D-CRT vs IMRT/CK)	
Any grade ≥2 toxicity	0.041
Any grade toxicity	1.0
CDK4/6i dose reductions	0.76
CDK4/6 discontinuations	-
Intent of RT	
Any grade ≥2 toxicity	0.18
Any grade toxicity	1.0
CDK4/6i dose reductions	0.76
CDK4/6 discontinuations	-



At a median follow up of **18.8 months**, overall **PFS rate** was **35%**

Among patients who received RT, no significant associations were found regarding RT intent, technique and bone or visceral RT site







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CONCLUSION

- Our study showed that concomitant administration of RT with either palliative or ablative intent during CDK4/6i is **safe and effective**, without increased toxicity and significant impact on systemic treatment conduction
- To date, this is **one of the largest retrospective series** in which the concomitant administration of RT and CDK4/6i has been evaluated and compared to a group of patients who did not receive RT
- Data from ongoing prospective trials are awaited to confirm the safety and efficacy of the combination



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THANKS FOR YOUR ATTENTION







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